



# SPA MENU

[WWW.DEEPROOTS-PENIDA.COM](http://WWW.DEEPROOTS-PENIDA.COM)

# MASSAGES

## HEAD & BACK

30 MINUTES 300K PER PERSON  
60 MINUTES 485K PER PERSON

This back, neck, and shoulder focused massage is ideal for people experiencing lower and upper back pain as well as stiffness. With the use of soft tissue manipulation techniques, experience a deep sense of body reset.

## BALINESE MASSAGE

60 MINUTES 485K PER PERSON  
90 MINUTES 675K PER PERSON

This full-body massage soothes the mind and releases tension from head to toe. Long, flowing strokes boost circulation, ease stiffness, and create deep calm. A simple, comforting experience that leaves body and spirit fully renewed.

# MASSAGES

## WARM STONE

90 MINUTES 675K PER PERSON  
120 MINUTES 850K PER PERSON

Warm stones melt into deeper muscle layers to ease pain and tension. Combined with therapeutic massage, this detoxifying treatment boosts circulation and relaxes tired muscles and soft tissue.

## FOOT MASSAGE

30 MINUTES 300K PER PERSON  
60 MINUTES 485K PER PERSON

This energising foot massage relieves travel fatigue and supports better sleep. Targeting key pressure points, it eases tension, relaxes the body, and leaves you feeling refreshed for the day ahead.

# MASSAGES

## DEEP ROOTS SIGNATURE

FULL BODY MASSAGE + BODY SCRUB  
120 MINUTES 875K PER PERSON

Indulge in our Deep Roots Signature, a luxurious journey of warmth and relaxation. A soothing full-body massage melts away tension, followed by a traditional Boreh scrub that boosts circulation, warms the body, and leaves you deeply renewed.

ADD ONS TO MAKE YOUR  
MASSAGE EXTRA SPECIAL!

### BOREH BODY SCRUB

60 MINUTES +485K

A warming Balinese body scrub to soothe muscles, boost circulation, and leave your skin nourished and glowing.

### EDELWEISS FACE AMPOULE

15 MINUTES +150K

A luxurious face ampoule to deeply hydrate, protect, and restore your skin's natural radiance.

# FACE

## RESET & RELAX FACIAL

60 MINUTES 650K PER PERSON

Awaken your natural glow with this refreshing facial that deeply cleanses, gently exfoliates, and hydrates. Featuring a gua sha face massage and vitamin C-rich mask, it balances oil, detoxifies pores, and boosts radiance—leaving your skin calm, smooth, and luminous.

## CANCELLATION POLICY

Please give at least 24 hours' notice for cancellations or rescheduling. Changes made within 24 hours incur a 50% charge. No-shows and same-day cancellations are charged in full.

late arrivals may shorten your treatment, but full charges still apply. Arrivals over 15 minutes late may need to be cancelled and will be charged in full.

Thank you for understanding. Missed appointments impact both our guests and therapists.